

CREATING CONFIDENT SMILES SINCE 1972



# POST TREATMENT CARE

[www.youngfamilydental.net](http://www.youngfamilydental.net)

Wisdom Teeth | Root Canals | Dentures | Implants | Invisalign | IV Sedation | Hospital Privileges | 24 Hr. Emergency Service | Open Saturdays | All Insurances Welcome | Se Habla Español

## BRIDGE AND CROWNS

Following any procedure, we want each of our patients to go home feeling well taken care of and confident. For this reason, we put together a list of care instructions that will help in your recovery process. Here is what you need to know:

- > **Eating:** The new bridge should help you eat better than before; however, eat only soft foods for the first few days. This will allow you to get used to eating with your new bridge. If you find that your bite seems awkward or out of sync, please contact our office to schedule an appointment. We may need to adjust your bridge.
- > **Daily Mouth Care:** It is very important to maintain your daily dental care regimen. Make sure to brush your teeth after every meal and floss daily. We recommend that you have your teeth cleaned every 6 months. This will help prevent future problems.
- > **Care of Bridge:** Since the pontic and the adjacent crown or crowns are a single piece, you will not be able to use the standard type of dental floss. You will need to purchase a floss threader that allows you to clean under the pontic.

If you have any further questions or concerns, please feel free to contact our office at anytime.

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